



MHPSS COVID-19 TOOLKIT

CORONAVIRUS DISEASE (COVID-19) PANDEMIC

Version 2.0

MHPSS COVID-19 TOOLKIT

AIM

The COVID-19 pandemic is an evolving global crisis and there is much that is still emerging in term of the psychosocial and mental health consequences for the diverse populations affected by this emergency. This toolkit of MHPSS technical resources is based on what is currently available and will be updated as additional resources become available. This second version of the MHPSS.net COVID-19 Toolkit replaces the first iteration released on 6 April 2020.

YOUR FEEDBACK IS ESSENTIAL

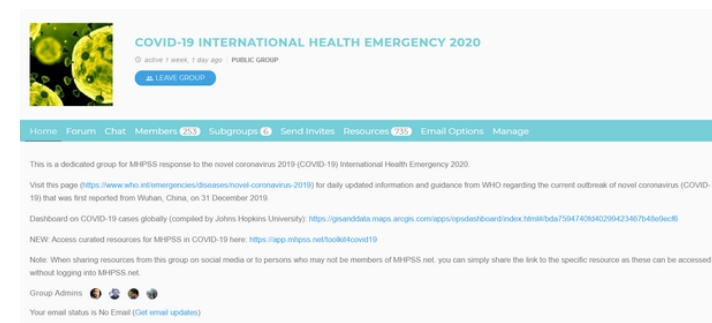
Do you have access to other technical resources or documentation of a promising approach? To provide feedback, submit additional resources or request information, please email **Marcio Gagliato** (marcio@mhpss.net)

You can access the MHPSS.net Tool Kit for COVID-19 Response Version 2.0 [on our website.](#)

MHPSS.net has made reasonable efforts to provide current and accurate information on what resources are available on the MHPSS Response to the ongoing COVID-19 pandemic.

The materials contained in this toolkit are provided for ease of access and as a reflection of what is presently available, and inclusion should not be construed as an institutional endorsement or recommendation for use.

The dedicated MHPSS.net group for the COVID-19 response has more than 250 members, 800 dedicated resources, and 6 subgroups. Join [here.](#)



WHAT DOES THE TOOLKIT CONTAIN?

1. FEATURED RESOURCES

PAGE 4 Resources that are most widely used or recently updated by agencies at the forefront of the current COVID-19 MHPSS response globally

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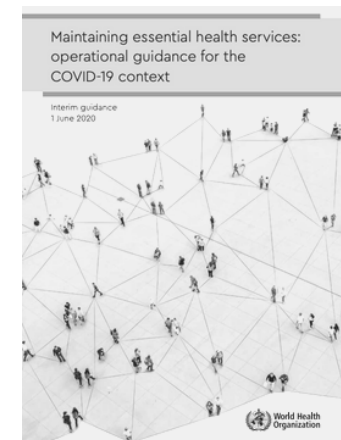
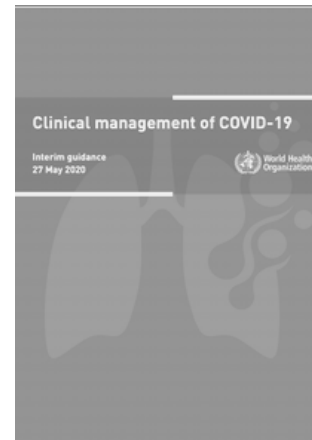
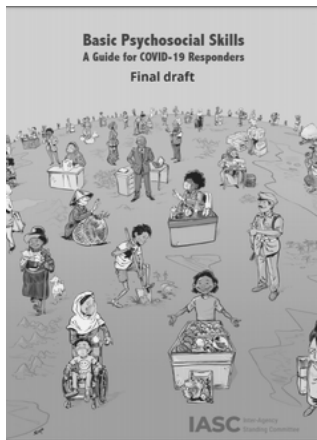
PAGE 29 Migrant, Refugee and Internally Displaced Persons in COVID-19

PAGE 30 COVID-19 & Gender

PAGE 31 COVID-19 & Persons with Disabilities

PAGE 32 COVID-19 and Older Population

FEATURED RESOURCES



- **Maintaining Essential Health Services: Operational Guidance for the COVID-19 Context.** Author: WHO (1 June 2020)
- **Operational Considerations for Multisectoral Mental Health and Psychosocial Support Programmes During the COVID-19 Pandemic.** Author: IASC (29 May 2020)
- **Clinical Management of COVID-19 Interim Guide.** Author: WHO (27 May 2020)
- **Basic Psychosocial Skills: A Guide for COVID-19 Responders** Author: IASC (26 May 2020)
[English](#) [Greek](#) [Russian](#) [Spanish](#)
- **Policy Brief: COVID-19 and the Need for Action on Mental Health** Author: United Nations (13 May 2020)
- **COVID-19 operational guidance for implementation and adaptation of MHPSS activities.** Author: UNICEF (May 2020)
- **IASC Interim Briefing Note – Addressing MHPSS aspects of COVID-19** Version 1.5 (17 March 2020)
[Arabic](#) [Dutch](#) [Dari](#) [English](#) [French](#) [Greek](#) [Italian](#) [Japanese](#) [Kirundi](#) [Korean](#)
[Nepali](#) [Portuguese](#) [Polish](#) [Pashto](#) [Russian](#) [Spanish](#) [Tamil](#) [Thai](#) [Turkish](#)
[Traditional Chinese](#) [Simplified Chinese](#) [Sinhala](#) [Ukrainian](#)
- **Applying Humanitarian Standards to Fight COVID-19.** Author: The Sphere (March 2020)
[Bengali](#) [English](#) [Japanese](#) [Nepali](#) [Portuguese](#)

- **Basic Training in PFA for COVID-19 Outbreak Response Package** developed by Psychosocial Centre of the IFRC is available [here](#)
- **MHPSS.net’s Emergency Toolkit** with Key Global Resources (Not specific to COVID-19) on Mental Health & Psychosocial Support for Humanitarian Emergencies is available [here](#).

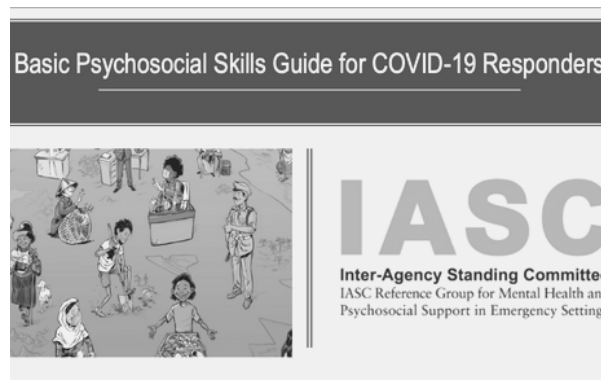
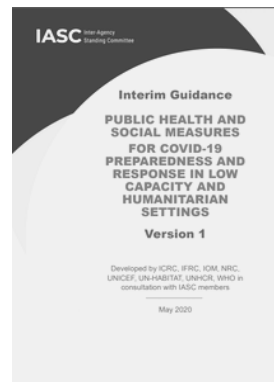
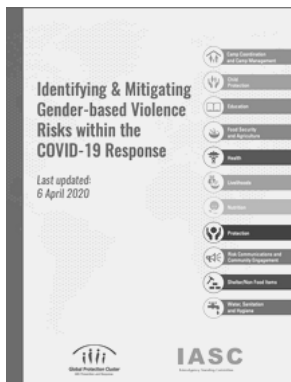


FOR THE LATEST UPDATES ON THE **OVERALL COVID-19 PANDEMIC SITUATION SEE:**

- [The World Health Organization COVID-19 page](#)
- [COVID-19 Global Situation Dashboard](#) (Johns Hopkins University)



OPERATIONAL RESOURCES



Inter-Agency Standing Committee (IASC) Resources

- **[Operational Considerations for Multisectoral Mental Health and Psychosocial Support Programmes During the COVID-19 Pandemic.](#)**
Author: IASC (29 May 2020)
- **[Basic Psychosocial Skills: A Guide for COVID-19 Responders.](#)**
Author: IASC (26 May 2020)
[English](#) [Greek](#) [Russian](#) [Spanish](#)
- **[Slides - Basic Psychosocial Skills A Guide for COVID-19 Responders.](#)**
Author: IASC (May 2020)
- **[Interim Guidance: Public Health & Social Measures for COVID-19 Preparedness and Response in Low Capacity & Humanitarian Settings v.1 .](#)** *Author: IASC (May 2020)*
- **[IASC System-Wide Scale-Up Protocols Adapted to Respond the COVID-19 Pandemic.](#)** *Author: IASC (17 April 2020)*
- **[Identifying & Mitigating Gender-Based Violence Risks within the COVID-19 Response.](#)** *Author: IASC (6 April 2020)*
- **[Interim Guidance: Gender Alert for COVID-19 Outbreak.](#)** *Author: IASC RG for Gender in Humanitarian Action (31 March 2020)*
[English](#) [French](#) [Spanish](#)
- **[Interim Technical Note: Protection from Sexual Exploitation and Abuse \(PSEA\) during COVID-19 Response - Version 1.0.](#)** *Author: IASC (31 March 2020)*
[Arabic](#) [English](#) [French](#) [Russian](#) [Spanish](#)
- **[IASC Interim Guidance on COVID-19: Focus on Persons Deprived of Their Liberty \(developed by OHCHR and WHO\).](#)** *Author: IASC (27 March 2020)*
[Arabic](#) [Chinese](#) [English](#) [French](#) [Russian](#) [Spanish](#)
- **[IASC Interim Briefing Note – Addressing MHPSS aspects of COVID-19. Version 1.5 \(17 March 2020\) .](#)** **Other languages available on page 5.**
- **[Information note on how to include MHPSS in Humanitarian Response Plans and Country Plans.](#)** *Author: IASC MHPSS Reference Group (March 2020)*
[English](#) [French](#)
- **[Orientation slides on IASC Interim Guidance Note on MHPSS Aspects of Covid-19.](#)** *Author: IASC (March 2020)*
[Arabic](#) [English](#) [Greek](#) [Russian](#) [Spanish](#) [Thai](#) [Ukrainian](#)

Inter-Agency Standing Committee (IASC) Resources

- [My Hero is You: Storybook for Children on COVID-19](#). Author: IASC (31 March 2020)

[Acholi](#) [Albanian](#) [Arabic](#) [Amazighe](#) [Amharic](#) [Aranese](#) [Armenian](#) [Azerbaijani](#)

[Bahasa Indonesia](#) [Bahasa Malaysia](#) [Bangla](#) [Bangla West Bengal](#)

[Bulgarian](#) [Burmese](#) [Catalan](#) [Cham Vietnamese](#) [Chinese](#) [Cornish](#)

[Croatian](#) [Czech](#) [Danish](#) [Dari](#) [Dhivehi](#) [Dutch](#) [Ede Vietnamese](#)

[English](#) [Esperanta](#) [Estonian](#) [Farsi](#) [French](#) [Georgian](#) [German](#) [Greek](#)

[Gujarat](#) [Guyanese Creole](#) [Hao Vietnamese](#) [Hausa](#) [Hiligaynon](#)

[Hindi](#) [Hungarian](#) [Icelandic](#) [Irish](#) [IsiZulu](#) [Italian](#) [Jamaican](#) [Japanese](#)

[Jarai Vietnamese](#) [Kannada](#) [Kanuri](#) [Khmer Vietnamese](#) [Kinyarwanda](#)

[Korean](#) [Kosraean](#) [Kurdish Kurmanji](#) [Kurdish Sorani](#) [Latvian](#) [Luganda](#) [Macedonian](#)

[Malagasy](#) [Mauritian Creole](#) [Meitei Mayek](#) [Mong Vietnamese](#) [Mongolian](#) [Ndebele](#)

[Nepali](#) [Norwegian](#) [Papiamentu Bonaire](#) [Papiamentu Curaçao](#) [Pashto](#) [Polish](#)

[Portuguese](#) [Punjabi](#) [Quechua](#) [Romanian](#) [Russian](#) [Sango](#) [Serbian](#)

[Shuwa Arabic Latin](#) [Shuwa Arabic Script](#) [Sinhala](#) [Slovak](#) [Slovene](#) [Somali](#)

[Spanish](#) [Swahili](#) [Swedish](#) [Tagalog](#) [Tamil](#) [Telugu](#) [Tetum](#) [Thai](#) [Thai Vietnamese](#)

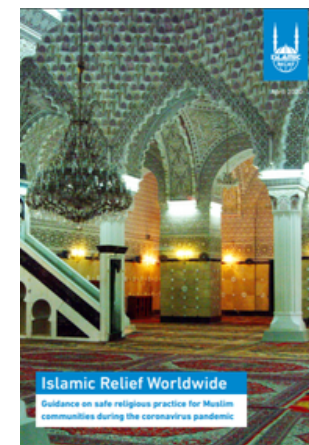
[Tibetan](#) [Tigrinya](#) [Tigrinya Ethiopia](#) [Tok Pisin](#) [Turkish](#) [Ukrainian](#) [Urdu](#) [Uzbek](#) [Vietnamese](#) [Welsh](#)

Audio versions in multiple languages are available [here](#).



Considerations around Loss, Mourning and Burial Practices

- **"Psychology Works" Fact Sheet: Grief, Bereavement and COVID-19.** Author: Canadian Psychological Association (12 May 2020)
- **Mourning for a Loved One When You Cannot Attend Funeral Services.** Authors: Save the Children & Child Protection AoR (10 May 2020)
- **Management of the Dead Under Islamic Law.** Author: ICRC (21 April 2020)
- **Relearning Ways To Grieve.** Author: Harvard Gazette (21 April 2020)
- **Assessing key considerations for burial practices, death and mourning in epidemics.** Author: Social Science in Humanitarian Action (April 2020)
- **Key considerations: dying, bereavement and mortuary and funerary practices in the context of COVID-19.** Author: Social Science in Humanitarian Action (April 2020)
- **Guidance on safe religious practice for Muslim communities during the coronavirus pandemic.** Author: Islamic Relief Worldwide (April 2020)
- **Palliative Care Guidelines for COVID19.** Author: Task Force in Palliative Care (April 2020)
- **Implications of COVID19 - Patients and Family at the End of Life.** Author: Marie Cure (April 2020)
- **Contacting Relatives by Phone to Communicate Death of a Patient.** Author: University of Oxford (March 2020)
- **How to tell children that someone has died.** Author: University of Oxford (March 2020)



MHPSS in COVID-19 Country Response Plans

- **[Bolivia - COVID-19 Response Plan from the United Nation System in Bolivia](#)** [In Spanish]. Author: United Nations Bolivia (20 May 2020)
- **[Indonesia - Multi-Sectoral Response Plan to COVID-19 Indonesia May-October 2020](#)**. Author: OCHA (15 May 2020)
- **[Philippines - COVID-19 Humanitarian Response Plan](#)**. Author: Philippines Humanitarian Country Team (11 May 2020)
- **[Pakistan - Humanitarian Response Plan for COVID-19 Pandemic](#)**. Author: OCHA Pakistan (11 May 2020)
- **[Nepal - COVID-19 Nepal: Preparedness and Response Plan](#)**. Author: United Nations Nepal (May 2020)
- **[Bahamas - MHPSS Activities \(ppt presentation\)](#)**. Author: Thompson (May 2020)
- **[Sudan - COVID-19 Country Preparedness and Response Plan](#)**. Author: Sudan Humanitarian Country Team (May 2020)
- **[Honduras - COVID-19 Humanitarian Response Plan](#)** [In Spanish]. Author: Honduras Humanitarian Country Team (May 2020)
- **[New Zealand - COVID-19 Health and Disability System Response Plan](#)**. Author: New Zealand Government (19 April 2020)
- **[Venezuela - Intersectoral COVID-19 Preparedness and Response Plan](#)**. Author: OCHA (10 April 2020)
- **[Peru - Technical Guide for the Care of Mental Health of the Affected Population, Families and the Community in the context of COVID-19](#)** [In Spanish]. Author: MoH Peru (9 April 2020)
- **[Chile - MHPSS Considerations during COVID-19](#)** [In Spanish]. Author: MoH Chile (April 2020)
- **[Uganda - National Guidelines for Management of COVID-19](#)**. Author: MoH Uganda (April 2020)
- **[Kenya - Comprehensive Guide on MHPSS for COVID-19 Pandemic](#)**. Author: MoH Kenya (April 2020)
- **[Zimbabwe - COVID-19 Contingency Plan & Guidance Note](#)**. Author: Child Protection Zimbabwe Sub-Sector (April 2020)
- **[El Salvador - COVID-19 Humanitarian Response Plan](#)** [In Spanish]. Author: United Nations El Salvador (April 2020)
- **[Ecuador - COVID-19 Humanitarian Response Plan](#)** [In Spanish]. Author: Ecuador Humanitarian Country Team (April 2020)
- **[Myanmar - COVID-19 Addendum to the 2020 Myanmar Humanitarian Response Plan April - June 2020](#)**. Author: OCHA (April 2020)
- **[Kenya - Standard Operating Procedures for Counsellors and Psychologists Providing MHPSS for the COVID-19 Response](#)**. Author: MoH Kenya (April 2020)

MHPSS in COVID-19 Country Response Plans (contd.)

- **Bangladesh National Guidelines on Clinical Management of Coronavirus Disease 2019 (Covid-19) v.4 .** Author: Disease Control Division, Directorate General of Health Services, Ministry of Health & Family Welfare & Government of the People's Republic of Bangladesh (30 March 2020)
- **Occupied Palestine Territory – COVID-19 Response Plan.** Author: Palestine Humanitarian Country Team (27 March 2020)
- **Palestine - National Response Plan for COVID-19.** Author: Ministry of Education (March 2020)
- **Afghanistan – COVID-19 Multi-sector Humanitarian Country Plan .** Author: UN Afghanistan (24 March 2020)
- **Syria - Protection considerations for quarantine facilities Protection and Community Services Sector.** Author: Child Protection, Protection and Community Services Sectors inside Syria & GVB Sub-Sector Syria (23 March 2020)
- **Lebanon - MHPSS Response to the COVID-19 Outbreak.** Author: MoH Lebanon (20 March 2020)
- **Malawi – National COVID-19 Preparedness and Response Plan .** Author: Ministry of Disaster Management Affairs and Public events, Ministry of Health & UN HCT (March 2020)
- **Puerto Rico – COVID-19 Preparedness and Response Plan [In Spanish].** Author: Health Department of Puerto Rico (March 2020)
- **Ukraine – Emergency Response Plan for the COVID-19 Pandemic.** Author: OCHA (March 2020)

- **Guatemala – Prevention, Containment and Response Plan to the Coronavirus Case (COVID-19) in Guatemala [In Spanish].** Author: MoH Guatemala (March 2020)
- **Iraq - UAC/Alternative Care Guidance for the COVID-19 Situation – Iraq Child Protection Sub-Cluster.** Author: Child Protection AoR (2020) [Arabic](#) [English](#)

MHPSS response to the COVID-19 outbreak in Lebanon v1.0

This action plan was developed as part of the national response to the COVID-19 outbreak. It aims at comprehensively addressing the MHPSS aspects of the COVID-19 outbreak in Lebanon for all persons living in the country, including Palestinian refugees and Syrian displaced using an integrated approach. It was developed by the MHPSS National Mental Health Programme (NMHP) with WHO and UNICEF, in line with the IASC 'Guidance and' on addressing mental health and psychosocial aspects of COVID-19 Outbreak - version 1.0 and the local needs, health system and national mental health strategy. This is a dynamic document subject to revision based on evolving needs.

Goals:

- Provide mental health and mitigate COVID-19 related distresses including stigma and discrimination against persons affected and health workers.
- Provide mental health support to the persons in quarantine in the hospital or at home and their families.
- Support the mental health of health workers and first responders in the response.

Key:

- Ensure continuity of mental health care for persons using mental health services in line with IPC guidelines.

The table below shows actions per goal. Annex 1 shows the same actions per target group:

A. Provide mental health and mitigate COVID-19 related distresses including stigma and discrimination against persons affected and health workers

1.1. Ensure MHPSS services have access to reliable and accurate info on the current status and assessment envisaging to spread it in communication they serve and disseminate information about COVID-19 to the most vulnerable, especially IDP, marginal.

- Develop a TV spot with national messaging on COVID-19 for older adults and their caregivers, including tackling the stress that elderly may be going through.
- Ensure key communication material are accessible to persons with disability.

2. Make awareness on ways to cope with stress and promote mental health during the COVID-19 outbreak

- Integrate key messages tips on mental health, promoting self-care strategies, and fighting stigma in all communication and awareness materials issued by MHPSS and partners about the COVID-19 crisis.
- Develop and disseminate widely digital content works tips on taking care of one's mental health, targeting 1) general public (covering an estimation of those with disabilities); 2) marginal public on additional groups (IDP, refugees and 40,000 Syrian working from home); 3) Palestine for Arabians; 4) Camped and general public for older adults.
- Provide opportunities for national digital support and access personal helpline: "Psychosocial Support" 24/7 with regular updates and material from NMHP and WHO to be able to provide accurate information to callers who have emotional distress related to stress and assist them to accurate sources of information to COVID-19.
- Develop and disseminate a tip sheet for mental professionals to help discuss general public anxiety, provide helpful tips to cope with the situation and distress signs.
- Integrate in the social media campaign on mental health in terms of emergency, targeting youth in Lebanon (MHPSS-INSIDE, MHPSS, UNICEF, WHO) key messaging related to the COVID-19 crisis.

CONSIDERACIONES DE SALUD MENTAL Y APOYO PSICOSOCIAL DURANTE COVID-19
Versión 2.0

Abril de 2020
Ministerio de Salud Mental en la Gestión del Riesgo de Desastres
MHPSS.



Remote MHPSS Support

- **Remote Psychological First Aid during the COVID-19 outbreak.** Author: Psychosocial Centre – International Federation of Red Cross and Red Crescent Societies (23 March 2020)
[English](#) [German](#) [Italian](#) [Portuguese](#) [Serbian](#)
 - **Delivering Psychological Treatment to Children via Phone: A Set of Guiding Principles Based on Recent Research with Syrian Refugee Children .** Authors: McEwen et al. (22 May 2020)
 - **Telehealth Implementation Playbook.** Author: American Medical Association (2020)
 - **Guidance on Tele Mental Health for mental health services and practitioners.** Author: Mental Health Reform (14 April 2020)
 - **Telepsychology Manual A Guide for the Remote Treatment & Rehabilitation of Torture and Trauma Survivors.** Author: Restart Center for Rehabilitation of Victims of Violence and Torture (Lebanon) (2020)
 - **Training of Mental Health Volunteers to Offer Emotional Support to Medical Professionals Working in Covid-19 Isolation Units.** Author: Baron (28 March 2020)
 - **Training of Mental Health Volunteers to Answer Helplines Responding to Patients in Covid-19 Isolation Units – Egypt.** Author: Baron (28 March 2020)
 - **Course: Providing Psychological Care Remotely.** Author: WHO & EQUIP Initiative
 - **Course: Supervision of Helpers for Remote MHPSS.** Author: WHO & EQUIP Initiative
 - **Contacting Relatives by Phone to Report Death.** Author: University of Oxford (March 2020)
 - **A Guide for the Remote Treatment & Rehabilitation of Torture and Trauma Survivors.** Author: Center for Rehabilitation of Victims of Violence and Torture – Lebanon (March 2020)
[Bangala](#) [English](#) [French](#) [German](#) [Italian](#) [Portuguese](#) [Serbian](#)
 - **Telehealth Tips: Managing Suicidal Clients During the COVID-19 Pandemic** Author: SP-TIE & CPI (March 2020)
 - **Online mental health services in China during the COVID-19 outbreak** Author: Liu et al. (18 February 2020)
- Resources from Previous Outbreaks**
- **WHO Guideline: recommendations on digital interventions for health system strengthening.** Author: WHO (10 July 2019)
 - **Preventing suicide, A resource for establishing a crisis line.** Author: WHO (2018)
 - **Framework for the Implementation of Telemedicine Service.** Author: PAHO/WHO (June 2017)
 - **Defining evaluation indicators for telemedicine as a tool for reducing health inequities: Study and results of a community of practice.** Author: PAHO/WHO (June 2017)
 - **Digital Health Investment Review Tool!** Author: Maternal & Child Survival Program
 - **Best Practices in Videoconferencing-Based Telemental Health.** Author: American Psychiatric Association & American Telemedicine Association (April 2018)
 - **Telemedicine for Developing Countries A Survey and Some Design Issues.** Author: Combi et al (2016)



Dealing with Mental Health conditions and other MHPSS Interventions in COVID-19

- **Clinical Management of COVID-19 Interim Guide.** *Author: WHO (27 May 2020)*
- **Basic Psychosocial Skills: A Guide for COVID-19 Responders.** *Author: IASC (26 May 2020)*
[English](#) [Greek](#) [Spanish](#) [Russian](#)
- **Policy Brief: COVID-19 and the Need for Action on Mental Health.** *Author: United Nations (13 May 2020)*
- **Research Brief COVID-19 and the Drug Supply Chain: From Production and Trafficking to Use.** *Author: UNODC (11 May 2020)*
- **Doing What Matters in Time of Stress: An Illustrated Guide.** *Author: WHO (28 April 2020)*
- **Fact-Sheet: Alcohol and COVID-19: What You Need to Know.** *Author: WHO/PAHO (14 April 2020)*
[English](#) [Portuguese](#) [Spanish](#)
- **Suggestions about Treatment, Care and Rehabilitation of People with Drug Use Disorder in the Context of the COVID-19 Pandemic.** *Author: UNODC (30 March 2020)*
[Arabic](#) [Bahasa](#) [Dari](#) [English](#) [French](#) [Khmer](#) [Laotian](#) [Myanmar](#) [Pashto](#) [Portuguese](#) [Russian](#) [Serbian](#) [Spanish](#) [Uzbek](#)
- **Mental Health and Psychosocial Considerations During the COVID-19 Outbreak.** *Author: WHO/PAHO (18 March 2020)*
[Arabic](#) [English](#) [French](#) [Russian](#) [Spanish](#)
- **Basic Training in PFA for COVID-19 Outbreak Response Package** developed by IFRC & RCS is available [here](#).
- **Guidance for Mental Health and Psychosocial Support for COVID-19.** *Authors: Africa Union & Africa CDC (29 May 2020)*
- **Guidelines on Psychosocial Care for Infectious Disease Management.** *Author: Korean Society for Traumatic Stress Studies (May 2020)*
- **MHPSS Considerations During COVID-19 Pre-Outbreak Response in South Sudan.** *Author: MHPSS Technical Working Group (30 April 2020)*
- **Reporting on Suicide During the COVID-19 Pandemic.** *Author: IASP (6 April 2020)*
- **COVID-19 Operational Guidance Note Mental Health and Psychosocial Support (MHPSS) within Health Programs.** *Author: IRC (6 April 2020)*
- **Psychological Intervention Guide Intervening in the Context of Infectious Disease Outbreaks.** *Authors: Cénat et al. (5 April 2020)*
[English](#) [French](#)

Dealing with Mental Health conditions and other MHPSS Interventions in COVID-19 (contd.)

- **[Taking a Psychosocial Approach to Epidemic Response.](#)** *Author: Social Science in Humanitarian Action (April 2020)*
- **[Stress in the Time of Corona.](#)** *Author: Jones (April 2020)*
- **[Stress and Coping With the Coronavirus \(COVID-19\).](#)** *Author: AMHR, Johns Hopkins University (31 March 2020)*
- **[COVID-19 Disease Emergency Operational Instructions for Mental Health Departments Issued by the Italian Society of Epidemiological Psychiatry.](#)** *Author: Italian Society of Epidemiological Psychiatry (28 March 2020)*
- **[Guidance for Psychological Professionals During the Covid-19 Pandemic.](#)** *Authors: PPN et al. (28 March 2020)*
- **[Living With Worry and Anxiety Amidst Global Uncertainty.](#)** *Author: Psychology Tools (20 March 2020)*
[Afrikaans](#) [Albanian](#) [Arabic](#) [Brazilian](#) [Bulgarian](#) [Czech](#) [Dutch](#) [English](#)
[Estonian](#) [French](#) [German](#) [Greek](#) [Icelandic](#) [Italian](#) [Kazakh](#) [Lithuanian](#)
[Norwegian](#) [Polish](#) [Portuguese](#) [Romanian](#) [Russian](#) [Serbian](#) [Spanish](#)
[Swedish](#) [Simplified Chinese](#) [Traditional Chinese](#) [Tagalog](#) [Turkish](#)
[Ukrainian](#) [Urdu](#) [Vietnamese](#)
- **[Opioid Treatment Program \(OTP\) Guidance for Patients Quarantined at Home with the Coronavirus.](#)** *Author: SAMHSA (20 March 2020)*

- **[COVID-19: Interim Considerations for State Psychiatric Hospitals.](#)** *Author: SAMHSA (18 March 2020)*
- **[Taking Care of Patients During the Coronavirus Outbreak: A Guide for Psychiatrists.](#)** *Author: CSTS (March 2020)*
- **["Psychology Works" Fact Sheet: Working from Home During COVID, With and Without Children.](#)** *Author: Canadian Psychological Association (March 2020)*
- **["Psychology Works" Fact Sheet: Psychological Impacts of the Coronavirus \(COVID-19\).](#)** *Author: Canadian Psychological Association (March 2020)*

Research Papers

- **[Psychiatric and Neuropsychiatric Presentations Associated with Severe Coronavirus Infections: A Systematic Review and Meta-Analysis with Comparison to the COVID-19 Pandemic.](#)** *Authors: Rogers et al. (18 May 2020)*
- **[Using Social and Behavioural Science to Support COVID-19 Pandemic Response.](#)** *Authors: Van Bavel et al. (30 April 2020)*
- **[Suicide Risk and Prevention During COVID-19 Pandemic.](#)** *Author: Lancet Psychiatry (21 April 2020)*
- **[Multidisciplinary Research Priorities for the COVID-19 Pandemic: A Call for Action for Mental Health Science.](#)** *Author: Lancet Psychiatry, multiple authors (15 April 2020)*

Dealing with Mental Health conditions and other MHPSS Interventions in COVID-19 (contd.)

- **[Suicide Mortality and Coronavirus Disease 2019– A Perfect Storm?](#)**
Author: Reger et al. (10 April 2020)
 - **[The Importance of Mental Health Training for Psychologists in COVID-19 Outbreak.](#)** *Authors: Shojaei & Masoumi (29 March 2020)*
 - **[The Risk and Prevention of Novel Coronavirus Pneumonia Infections Among Inpatients in Psychiatric Hospitals.](#)** *Authors: Zhu et al. (25 March 2020)*
 - **[The Emotional Impact of Coronavirus 2019-nCoV \(New Coronavirus Disease\).](#)** *Authors: Lima et al. (12 March 2020)*
 - **[Immediate Psychological Responses and Associated Factors During the Initial Stage of the 2019 COVID-19 Epidemic Among the General Population in China.](#)** *Authors: Wang et al. (6 March 2020)*
 - **[The COVID-19 Outbreak Crucial Role the Psychiatrists Can Play.](#)**
Author: Debanjan Banerjee (6 March 2020)
 - **[Mental Health Strategies to Combat the Psychological Impact of COVID-19 Beyond Paranoia and Panic.](#)** *Authors: Ho et al. (March 2020)*
 - **[Psychological Interventions for People Affected by the COVID-19 Epidemic](#)**
Authors: Duan & Zhu (18 February 2020)
 - **[Recommended Psychological Crisis Intervention Response to the 2019 Novel Coronavirus Pneumonia Outbreak in China: A Model of West China Hospital](#)**
Authors: Zhang et al. (15 February 2020)
 - **[Coronaphobia: Fear and the 2019-nCoV Outbreak .](#)** *Authors: Asmundson & Taylor (10 February 2020)*
 - **[Letter to the Editor: Iranian Mental Health During the COVID-19 Epidemic](#)**
Authors: Zandifar & Badrfam (24 February 2020)
 - **[2019-nCoV Epidemic: Address Mental Health Care to Empower Society.](#)**
Authors: Bao et al. (7 February 2020)
 - **[A Novel Approach of Consultation on COVID-19-Related Psychological and Mental Problems: Structured Letter Therapy.](#)** *Author: Xiao (3 February 2020)*
- Resources from Previous Outbreaks:***
- **[Psychosocial support during an outbreak of Ebola virus disease.](#)** *Author: Psychosocial Centre of the IFRC (12 July 2018)*
 - **[Psychosocial support in Ebola Lessons learned.](#)** *Author: IFRC (July 2016)*
 - **[Post-traumatic Stress Disorder in Parents and Youth After Health-Related Disasters.](#)** *Author: Sprang & Silman (10 September 2012)*
 - **[Psychological First Aid During Ebola Virus Disease Outbreaks.](#)**
Authors: WHO, CBM, World Vision & UNICEF (2014)
 - **[Building Back Better Sustainable Mental Health Care After Emergencies.](#)** *Author: WHO (2013)*
[Arabic](#) [Chinese](#) [English](#) [Spanish](#) [French](#) [Russian](#)

Human Rights & Stigma in COVID-19

- **COVID-19 Impact on Trafficking in Persons – Technical Guidance Note** *Author: International Federation of Red Cross and Red Crescent Societies (11 June 2020)*
- **COVID-19 & Human Rights**. *Author: United Nations (April 2020)*
- **IASC Interim Guidance on COVID-19: Focus on Persons Deprived of Their Liberty (developed by OHCHR & WHO)**. *Author: IASC (27 March 2020)*
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Risk Communication and Community Engagement in COVID-19

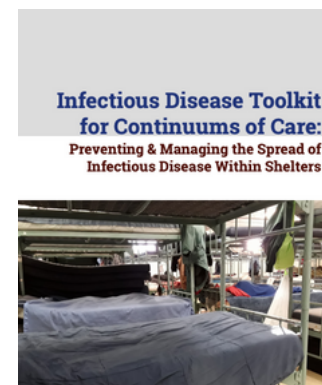
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- **Minimum Quality Standards and Indicators in Community Engagement.** Author: UNICEF (March 2020)
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- **Infectious Disease Toolkit for Continuums of Care**. Author: The U.S. Department of Housing and Urban Development (March 2020)
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- **Psychological Support during Disease Outbreak – People Who are Being Quarantined (English)**. Author: Hong Kong Red Cross (February 2020)
- **Psychological Effects of Quarantine During the Coronavirus Outbreak**. Author: The Center for the Study of Traumatic Stress (February 2020)

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- **Life in the Pandemic: Social Isolation and Mental Health**. Author: Usher et al. (6 April 2020)
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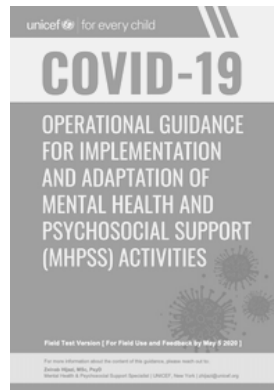
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- **Is Quarantine Related to Immediate Negative Psychological Consequences During the 2009 H1N1 Epidemic**. Author: Wang et al. (2011)
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- **[My Hero is You, Storybook for Children on COVID-19.](#)** Author: IASC (31 March 2020). Other languages available at page 8. Audio versions (multiple languages) click [here](#).
 - **[Psychological Coping During a Disease Outbreak - For Families, Friends, Colleagues of Those in Quarantine or Self-Isolation.](#)** Author: Psychosocial Centre - International Federation of Red Cross and Red Crescent Societies (30 March 2020)
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 - **[Hey COVID! I'm Ready to Cheat You.](#)** Author: Faria (May 2020)
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 - **[The Sewing Lesson.](#)** Author: Lederman (May 2020)
 - **[How to take care of your child?](#)** Author: Cerda Institute (April 2020)
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 - **[Learn about Coronavirus and COVID-19.](#)** Author: St. Jude Children's Research Hospital (2020)
 - **[What is The Covid-19 Virus.](#)** Author: McGuinness (17 March 2020)
 - **[What Nathan and His Friends Can Do.](#)** Author: Bamforth (March 2020) [English](#) [Spanish](#) [Portuguese](#)
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 - **[Noah Henry: A Rainbow Story](#)** Author: Lederman (2020)
 - **[Child-Friendly Explanation of Coronavirus.](#)** Author: Mindheart (2020)
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 - **[I Can't Go to School but I Can Do Lots of Things.](#)** Author: O'Sullivan (2020)
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- **[Self-Care Infographic.](#)** Author: Anna Freud National Centre for Children and Families (2018)

SUPPORT FOR SPECIFIC GROUPS



Front-line health care workers in COVID-19

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- **Mental Health and Psychosocial Considerations – Key actions for National Societies on Caring for Volunteers in COVID-19**. Author: Psychosocial Centre of the IFRC (1 April 2020)
- **Interim Guidance: Supportive Supervision for volunteers providing MHPSS during COVID-19**. Author: Psychosocial Centre of the IFRC (April 2020)
- **ICRC - Guidance note for ICRC Staff Health on Psychological Support**
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- **Psychological Coping during Disease Outbreak Healthcare professionals and first responders**. Author: Hong Kong Red Cross (February 2020)
- **Responding to Stress Experienced by Hospital Staff Working with Covid-19**
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- **"Psychology Works" Fact Sheet: Emotional and Psychological Challenges Faced by Frontline Health Care Providers During the COVID-19 Pandemic**. Author: Canadian Psychological Association (April 2020)
- **Optimising Staff Preparedness, Wellbeing, and Functioning During the COVID-19 Pandemic Response**. Author: Cole-King et al (March 2020)

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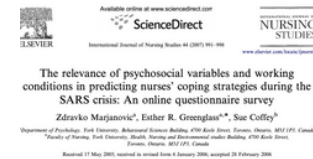
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- **Pre-incident Training to Build Resilience in First Responders: Recommendations on What to and What Not to Do**. Authors: Wild et al. (27 April 2020)
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- **Mental health care for medical staff in China during the COVID-19 outbreak**. Author: Chen Q. et al. (18 February 2020)
- **The Mental Health of Medical Workers in Wuhan, China Dealing with the 2019 Novel Coronavirus**. Author: Kang et al. (05 February 2020)

Front-line health care workers in COVID-19 (Contd.)

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- **Caring for Volunteers A Psychosocial Support Toolkit.** Author: Psychosocial Centre of the IFRC (2014)
- **Depression After Exposure to Stressful Events - Lessons Learned from the Severe Acute Respiratory Syndrome Epidemic.** Author: Liu et al. (2012)
- **The Psychological Impact of the SARS Epidemic on Hospital Employees in China - Exposure, Risk Perception, and Altruistic Acceptance of Risk.** Author: Wu et al. (May 2009)
- **The Relevance of Psychosocial Variables and Working Conditions in Predicting Nurses' Coping Strategies During the SARS Crisis.** Author: Marjanovic et al. (28 February 2006)
- **Survey of Stress Reactions Among Health Care Workers Involved with the SARS Outbreak.** Author: Bai et al. (September 2004)



Abstract

Objective: The purpose of this investigation was to examine the relationship between psychosocial variables and working conditions, and nurses' coping methods and distress in response to the severe acute respiratory syndrome (SARS) crisis in Canada.

Methods and procedure: The sample consisted of 111 nurses (111 women, 10 men) who completed an Internet-mediated questionnaire that was posted on the Registered Nurses' Association of Ontario (RNAO) website between March and May 2004. The questionnaire was restricted to respondents who had to authorize their RNAO membership with a valid username and password before accessing the questionnaire. This created a final response to ensure that only RNAO nurses completed the questionnaire and thereby safeguarding the generalizability of the findings and second, to prevent any one nurse from contributing more than once to the overall sample.

Results: Correlational analysis revealed several significant relationships between psychosocial variables and working conditions, and the traditional correlates of human and stress. Three multiple regression analysis revealed that the model we created, including higher levels of coping, organizational support, and stress in response to stressors, yielded relative, and lower levels of contact with SARS patients, and time spent in quarantine - predicted to lower levels of infectious diseases, emotional exhaustion, and role strain.

Conclusions: By employing methods of stress and burnout that combine psychosocial variables and working conditions, researchers can assess for significant amounts of variance in outcomes related to burnout. These findings highlight the importance of organizational and personal support in predicting nurses' responses of burnout. For healthcare organizations, this means that a clear strategy for managing the negative outcomes of stress should address nurses' psychosocial conditions and the working conditions that they face during acute times of crisis.

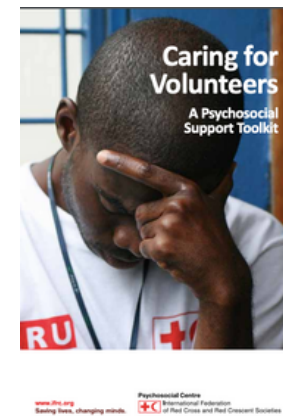
Keywords: SARS; Coping; Psychosocial; Working conditions; Internet research

What is already known about the topic?

- Prioritized exposure to SARS contagion is related to nurses experiencing greater fear, uncertainty, and stress in the workplace.

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Support for Children in COVID-19

- **How Parents Can Support Their Children Through COVID-19 losses.** Author: UNICEF (4 June 2020)
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- **COVID-19 Operational Guidance for Implementation and Adaptation of MHPSS Activities for Children, Adolescents, and Families,** Author: UNICEF (May 2020)
- **Communicating with Children About Death, and Helping Children Cope with Grief.** Authors: The MHPSS Collaborative for Children & Families in Adversity and Child Protection AoR (24 April 2020)
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- **Policy Brief: The Impact of COVID-19 on children.** Author: UNICEF (15 April 2020)
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- **TIPS for parents and caregivers during COVID-19 School Closures: Supporting children’s wellbeing and learning.** Author: The MHPSS Collaborative for Children and Families in Adversities & Save the Children (April 2020)
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- **COVID-19 guide for parents.** Author: UNICEF (2020)
- **Coronavirus disease (COVID-19): What parents should know** Author: UNICEF (2020)
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- **Mourning for a Loved One When You Cannot Attend Funeral Services.** Authors: Save the Children & Child Protection AoR(10 May 2020)
- **Greece - Guidance for Accommodation Centers for Unaccompanied Children on the Prevention, Control and Management of COVID-19 Outbreaks.** Authors: Ministry of Labour and Social Affairs, E.K.K.A & UNICEF (10 April 2020)
- **COVID-19 Toolkit for Parents.** Author: IsraAID (April 2020)
- **Importance of talking to children about Coronavirus by BPS** Author: British Psychological Society (16 March 2020)
- **What can we say to children about Coronavirus (COVID-19)?** Authors: Dyregrov & Raundalen (March 2020)
- **“Psychology Works” Fact Sheet: Helping Teens Cope with the Impacts of and Restrictions Related to COVID-19.** Author: Canadian Psychological Association (March 2020)

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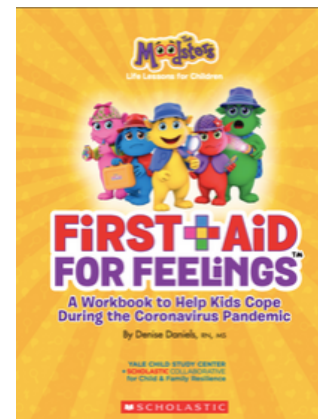
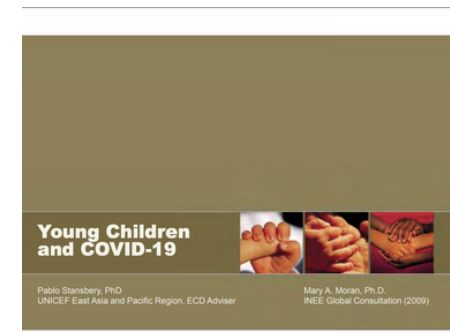
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- **Social Services Workforce Safety and Wellbeing During the COVID-19 Response – Recommended Actions.** Author: Authors: UNICEF et al. (April 2020)
- **Inter-Agency Working Group on Violence Against Children: Agenda for Action.** Author: Inter-Agency Working Group on Violence Against Children (April 2020)
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- **Technical Note: Child Helplines and the Protection of Children During the COVID-19 Pandemic.** Author: The Alliance for Child Protection in Humanitarian Action (27 May 2020)
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- **Protection of Children during the COVID-19 Pandemic – Children and Alternative Care.** Better Care Network et al. (9 April 2020)
- **COVID-19 Guidance for Interim Care Centres.** Author: Save the Children (April 2020)
- **Message for Governments: Coordinating the Protection of Children during the COVID-19 Response.** Author: Child Protection AoR (April 2020)
- **COVID-19 & Child Protection in Fragile and Humanitarian Contexts** Author: World Vision (April 2020)

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 - **Save the Children's COVID-19 Program Framework and Guidance (Version 2.0).**
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- **Interim Guidance for COVID-19 Prevention and Control in Schools Supplemental Content.** Author: UNICEF, WHO & IFRC (May 2020)
 - **Parental Engagement in Children’s Learning.** Author: UNICEF (May 2020)
 - **How to Ensure Everyone Can Continue Learning Amid the Coronavirus Situation.** Author: UNHCR (6 April 2020)
 - **Learning Must Go On: Recommendations for Keeping Children Safe and Learning, During and After the COVID-19 Crisis.** Author: UNICEF et al. (April 2020)
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 - **COVID-19 : 10 Recommendations to Plan Distance Learning Solutions** Author: UNESCO (6 March 2020)
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 - **Covid-19 and Education: Initial Insights for Preparedness, Planning and Response.** Author: USAID (March 11 2020)
 - **Supporting schools & colleges.** Author: Anna Freud National Centre for Children and Families (March 2020)
 - **A Framework to Guide an Education Response to the COVID-19 Pandemic of 2020.** Author: Harvard Graduate School of Education (March 31 2020)
 - **COVID-19 and Education in Emergencies.** Author: Education Cannot Wait (29 March 2020)
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- **Mental health effects of school closures during COVID-19.** Author: The Lancet Child Adolescent Health Article (April 17 2020)
- Resources from Previous Outbreaks:**
- **Safe School environments during the EVD outbreak.** Author: UNICEF (2015)

Migrant, Refugee & Internally Displaced People in COVID-19

- **Reducing the Impact of the COVID-19 Pandemic on Internally Displaced People (IDPS).** *Authors: IFRC & ICRC (May 2020)*
 - **Quick Tips on COVID-19 and Migrant, Refugee and Internally Displaced Children (Children on the Move).** *Author: UNICEF (12 March 2020)*
 - **Interim Guidance: Supporting the Continuity of Health and Nutrition Services in the context of a COVID-19 in Refugee Settings.** *Author: UNHCR (2 April 2020)*
 - **The COVID-19 Crisis: Key Protection Messages.** *Author: UNHCR (01 April 2020)*
 - **Children on the Move in East Africa: Research Insights to Mitigate COVID-19.** *Author: UNICEF (21 March 2020)*
 - **COVID-19 Camp Management Operational Guidance.** *Author: UN OCHA (19 March 2020)*
 - **COVID-19 & Interim Guidance: Scaling-up COVID-19 Outbreak Readiness and Response Operations in Humanitarian Situations Including Camps and Camp-like Settings.** *Author: IFRC, IOM, UNHCR and WHO (17 March 2020)*
 - **Forced Migration, SGBV and COVID-19.** *Author: Pertek et al. (May 2020)*
 - **COVID-19 - Operational Guidance for Migrant & Displaced Children** *Author: Save the Children (April 2020)*
 - **Operational Guidance Distance MHPSS Services in Refugee and Internally Displaced Camp Settings.** *Author: Applied Mental Health Research Group, Johns Hopkins University (April 2020)*
 - **The Impact of COVID-19 on Refugees in Greece.** *Author: Refugee Trauma Initiative (June 2020)*
 - **Psychosocial Well-Being of Migrants in Shelters.** *Author: Mariwala Health Initiative & Basic Needs India (April 2020)*
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 - **Guidance for the Prevention of COVID-19 Infections Among High-Risk Individuals in Camps and Camp-Like Settings.** *Author: London School of Hygiene and Tropical Medicine (31 March 2020)*
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- **Refugee and Migrant Health in COVID-19 Response.** *Author: Kluge et al. (18 April 2020)*
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- **Supporting and Responding to Forcibly Displaced Children: Training Module for Child Helpline Counsellors.** *Author: Child Helpline International & UNHCR (2017)*
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COVID-19 & Gender

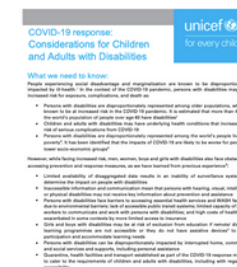
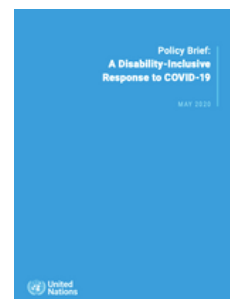
- [Prevention and Response to Sexual and Gender-Based Violence in COVID-19](#). Author: IFRC (11 June 2020)
- [Policy Brief: The Impact of COVID-19 on Women](#). Author: United Nations (9 April 2020)
- [Identifying & Mitigating Gender-based Violence Risks within the COVID-19 Response](#). Author: IASC (6 April 2020)
- [Infographic: The Shadow Pandemic: Violence Against Women and Girls and COVID-19](#). Author: UN Women (6 April 2020)
- [COVID-19 and Ending Violence Against Women and Girls](#). Author: UN Women (6 April 2020)
- [Case Management, GBVIMS/GBVIMS+ and the COVID-19 pandemic](#). Author: UNFPA et al. (April 2020)
- [UNICEF GBViE Core Community Awareness Messages: Covid-19 Response](#). Author: UNICEF (April 2020)
- [Interim Technical Note: Protection from Sexual Exploitation and Abuse \(PSEA\) during COVID-19 Response – Version 1.0](#). Author: IASC (31 March 2020)
[Arabic](#) [English](#) [French](#) [Russian](#) [Spanish](#)
- [Interim Guidance: Gender Alert for COVID-19 Outbreak \(developed by the IASC Reference Group for Gender in Humanitarian Action\)](#)
Author: IASC (31 March 2020) [English](#) [French](#) [Spanish](#)
- [Age, Gender and Diversity Considerations – COVID-19](#). Author: UNHCR (21 March 2020)
- [COVID-19: Protection, Gender & Inclusion Considerations](#). Author: IFRC (March 2020) [Arabic](#) [English](#) [French](#) [Russian](#) [Spanish](#)
- [Prevention and Response to Sexual and Gender-based Violence in COVID-19 Quarantine Centre](#). Author: ICRC (April 2020)
- [Feminist Approaches to Specialized Mental Health Care for Survivors of Gender-based Violence](#). Author: GBV AoR (29 May 2020)
- [Developing Key Messages for Communities on GBV & COVID-19](#)
Author: GBV AoR (7 April 2020)
- [Securing the Safety and Wellbeing of Women Frontline Healthcare Workers in the COVID-19 Response](#). Author: GBV AoR (April 2020)
- [MHPSS Considerations for Staff working on GBV prevention, mitigation and response during COVID-19 Crisis](#). Author: GBV AoR (April 2020)
- [Sex, gender and COVID-19: Disaggregated data and health disparities](#). Author: BMJ Global Health (24 March 2020)
- [Guidance Note on GBV Service Provision during the time of COVID-19 – Mozambique](#). Author: GBV AoR (March 23 2020)
- [Gender Implications of COVID-19 outbreaks in development and humanitarian settings](#). Author: Care International (16 March 2020)
- [COVID-19 Outbreak and Gender: Key Advocacy Points from Asia and the Pacific](#). Author: Gender in Humanitarian Action (March 2020)
- [Clinical management of rape and intimate partner violence survivor developing protocols for use in humanitarian settings](#). Author: WHO, UNFPA & UNHCT (2019)

COVID-19 & Persons with Disabilities

- **[Policy Brief: A Disability-Inclusive Response to COVID-19.](#)** *Author: United Nations (May 2020)*
- **[COVID-19 Response - Considerations for Children & Adults with Disabilities.](#)** *Author: UNICEF (19 March 2020)*
- **[Risk Communication & Community Engagement for COVID-19-Engaging with Children and Adults with Disabilities.](#)** *Author: UNICEF (2020)*
- **[Guideline on Hospitalisation of COVID-19 Confirmed People with Disabilities.](#)** *Author: SADD (13 May 2020)*
- **[Message for People with Disabilities COVID-19.](#)** *Author: VSO (May 2020)*
- **[Person-Centred -Centred Emergency Preparedness Planning for COVID-19 A guide to assist you to develop your own emergency preparedness plan for COVID-19.](#)** *Author: Queensland Government, QDN & University of Sydney (April 2020)*
- **[COVID19 Resource Key advocacy messages, questions to ask on inclusion and signpost to resources to learn more.](#)** *Author: CBM International (27 March 2020)*
- **[COVID-19 and Persons with Psychosocial Disabilities.](#)** *Author: PAN African Network (26 March 2020)*
- **[Toward a Disability-Inclusive COVID19 Response: 10 Recommendations from the International Disability Alliance.](#)** *Author: International Disability Alliance (19 March 2020)*
[Arabic](#) [Chinese](#) [English](#) [French](#) [Korean](#) [Portuguese](#) [Spanish](#)
- **[Guidelines on Providing Access to Public Health Information in National Sign Languages during the Coronavirus Pandemic.](#)** *Author: World Federation of the Deaf & World Association of Sign Language Interpreters (March 2020)*
- **[COVID-19 and Deafblindness Recommendations on Inclusive Policies From the Global Deaf blind Community.](#)** *Author: WFDB, EDbU, AFDB & FLASC (2020)*
[English](#) [Spanish](#)

Resources from previous outbreaks

- **[Preparing for and Responding to Pandemic Influenza: Implications for People With Disabilities.](#)** *Author: Campbell et al. (October 2009)*

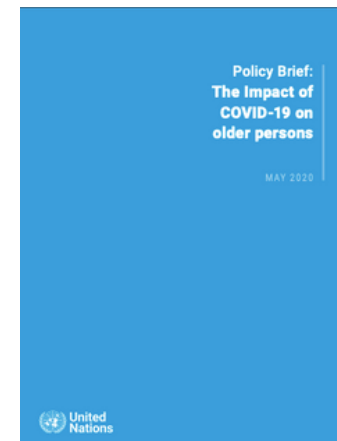


COVID-19 & Older Populations

- **Operational Considerations for Multisectoral Mental Health and Psychosocial Support Programmes During the COVID-19 Pandemic.** Author: IASC (29 May 2020) On page 31 there is a dedicated section to MHPSS considerations for older adults.
- **Policy Brief: The Impact of COVID-19 on Older Persons.** Author: United Nations (May 2020)
- **COVID-19: Guidance and Advice for Carers of Older People at Home.** Author: HelpAge International (23 April 2020)
- **Older People and COVID-19 in Low-and Middle-Income Countries and Humanitarian Settings.** Authors: HelpAge International & Age International (18 March 2020)
- **Covid-19 - Guidance and Advice for Older People.** Author: HelpAge (17 March 2020)
[Arabic](#) [English](#) [Russian](#) [Spanish](#)
- **Protecting Older People During the Coronavirus (Covid-19) Pandemic.** Author: HelpAge International (16 March 2020)
[Arabic](#) [English](#) [Russian](#) [Spanish](#)
- **Guidelines for Care Homes for Older People in the Context of Coronavirus (COVID-19).** Author: HelpAge International (16 March 2020)
[Arabic](#) [English](#) [Russian](#) [Spanish](#)
- **COVID-19 Pandemic: Key Messages for Advocacy.** Author: HelpAge International (13 March 2020)

Research Papers

- **COVID-19 and the Consequences of Isolating the Elderly.** Author: Armitage & Nellums (19 March 2020)
- **Mental Health Services for Older Adults in China During the COVID-19 Outbreak.** Authors: Yang et al. (18 February 2020)



The Mental Health & Psychosocial Support Network (MHPSS.net) is a global platform for connecting people, networks and organizations, and for sharing resources and knowledge related to mental health and psychosocial support both in emergency settings and in situations of adversity.

MHPSS.net, in partnership with PAHO and SOS Children's Village, has also developed toolkits on MHPSS & COVID-19 with resources in [Spanish](#) and [Italian](#) respectively.



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